

## CLASSES FOR BEGINNERS

	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
<i>Venue</i>	<i>Belvidere</i>	<i>Meole Brace</i>	<i>Belvidere</i>	<i>Belvidere</i>
<b>KARATE KIDS</b> (ages 5 – 7 years)	5.30 – 6.30 pm	5.45 – 6.45 pm	5.30 – 6.30 pm	10.00 – 11.00 am
<b>CADETS</b> (ages 8 – 11 years)	5.30 – 6.30 pm or 6.30 – 7.30 pm	5.45 – 6.45 pm	5.30 – 6.30 pm or 6.30 – 7.30 pm	10.00 – 11.00 am
<b>JUNIORS</b> (ages 12 – 15 years)	6.30 – 7.30 pm	6.45 – 8.15 pm	6.30 – 7.30 pm	10.00 – 11.00 am
<b>ADULTS</b> (ages 16+ years)	6.30 – 7.30 pm	6.45 – 8.15 pm	6.30 – 7.30 pm	10.0 – 11.00 am